

Condition	Sub-condition	Combined pill, patch, ring		Progestin-only pill		Injection		Implant		LNG-IUD		Copper-IUD				
		I	C	I	C	I	C	I	C	I	C	I	C			
Inflammatory bowel disease	(Ulcerative colitis, Crohn's disease)	2/3*		2		2		1		1		1				
Ischemic heart disease‡	Current and history of	4		2	3	3		2	3	2	3	1				
Liver tumors	a) Benign															
	i) Focal nodular hyperplasia	2		2		2		2		2		1				
	ii) Hepatocellular adenoma‡	4		3		3		3		3		1				
	b) Malignant‡	4		3		3		3		3		1				
Malaria		1		1		1		1		1		1				
Multiple risk factors for arterial cardiovascular disease	(such as older age, smoking, diabetes and hypertension)	3/4*		2*		3*		2*		2		1				
Obesity	a) ≥30 kg/m ² body mass index (BMI)	2		1		1		1		1		1				
	b) Menarche to < 18 years and ≥ 30 kg/m ² BMI	2		1		2		1		1		1				
Ovarian cancer‡		1		1		1		1		1		1				
Parity	a) Nulliparous	1		1		1		1		2		2				
	b) Parous	1		1		1		1		1		1				
Past ectopic pregnancy		1		2		1		1		1		1				
Pelvic inflammatory disease	a) Past, (assuming no current risk factors of STIs)															
	(i) with subsequent pregnancy	1		1		1		1		1		1				
	(ii) without subsequent pregnancy	1		1		1		2		2		2				
b) Current	1		1		1		4		2*		4		2*			
Peripartum cardiomyopathy‡	a) Normal or mildly impaired cardiac function															
	(i) < 6 months	4		1		1		1		2		2				
	(ii) ≥ 6 months	3		1		1		1		2		2				
b) Moderately or severely impaired cardiac function	4		2		2		2		2		2					
Postabortion	a) First trimester	1*		1*		1*		1*		1*		1*				
	b) Second trimester	1*		1*		1*		2		2		2				
	c) Immediately post-septic abortion	1*		1*		1*		4		4		4				
Postpartum (see also Breastfeeding)	a) < 21 days	4		1		1										
	b) 21 days to 42 days															
	(i) with other risk factors for VTE	3*		1		1		1								
	(ii) without other risk factors for VTE	2		1		1		1								
c) > 42 days	1		1		1		1									
Postpartum (in breastfeeding or non-breastfeeding women, including post-cesarean section)	a) < 10 minutes after delivery of the placenta							2		2		1				
	b) 10 minutes after delivery of the placenta to < 4 weeks							2		2		2				
	c) ≥ 4 weeks							1		1		1				
	d) Puerperal sepsis							4		4		4				
Pregnancy			NA*		NA*		NA*		NA*		4*		4*			
Rheumatoid arthritis	a) On immunosuppressive therapy	2		1		2/3*		1		2		1				
	b) Not on immunosuppressive therapy	2		1		2		1		1		1				
Schistosomiasis	a) Uncomplicated	1		1		1		1		1		1				
	b) Fibrosis of the liver‡	1		1		1		1		1		1				
Severe dysmenorrhea		1		1		1		1		1		2				
Sexually transmitted infections (STIs)	a) Current purulent cervicitis or chlamydial infection or gonorrhea	1		1		1		1		4		2*		4		2*
	b) Other STIs (excluding HIV and hepatitis)	1		1		1		1		2		2		2		2

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Sexually transmitted infections (cont.)	c) Vaginitis (including trichomonas vaginalis and bacterial vaginosis)	1		1		1		1		1		2		2		2		
	d) Increased risk of STIs	1		1		1		1		1		2/3*		2		2/3*		2
Smoking	a) Age < 35	2		1		1		1		1		1		1		1		
	b) Age ≥ 35, < 15 cigarettes/day	3		1		1		1		1		1		1		1		
	c) Age ≥ 35, ≥ 15 cigarettes/day	4		1		1		1		1		1		1		1		
Solid organ transplantation‡	a) Complicated	4		2		2		2		2		3		2		3		2
	b) Uncomplicated	2*		2		2		2		2		2		2		2		2
Stroke‡	History of cerebrovascular accident	4		2		3		3		2		3		2		2		1
Superficial venous thrombosis	a) Varicose veins	1		1		1		1		1		1		1		1		
	b) Superficial thrombophlebitis	2		1		1		1		1		1		1		1		
Systemic lupus erythematosus‡	a) Positive (or unknown) antiphospholipid antibodies	4		3		3		3		3		3		3		1		1
	b) Severe thrombocytopenia	2		2		2		3		2		2		2*		3*		2*
	c) Immunosuppressive treatment	2		2		2		2		2		2		2		2		1
	d) None of the above	2		2		2		2		2		2		2		1		1
Thrombogenic mutations‡		4*		2*		2*		2*		2*		2*		2*		1*		1*
Thyroid disorders	Simple goiter/hyperthyroid/hypothyroid	1		1		1		1		1		1		1		1		1
Tuberculosis‡ (see also Drug Interactions)	a) Non-pelvic	1*		1*		1*		1*		1*		1		1		1		1
	b) Pelvic	1*		1*		1*		1*		1*		4		3		4		3
Unexplained vaginal bleeding	(suspicious for serious condition) before evaluation	2*		2*		3*		3*		3*		4*		2*		4*		2*
Uterine fibroids		1		1		1		1		1		2		2		2		2
Valvular heart disease	a) Uncomplicated	2		1		1		1		1		1		1		1		1
	b) Complicated‡	4		1		1		1		1		1		1		1		1
Vaginal bleeding patterns	a) Irregular pattern without heavy bleeding	1		2		2		2		2		1		1		1		1
	b) Heavy or prolonged bleeding	1*		2*		2*		2*		2*		1*		2*		2*		2*
Viral hepatitis	a) Acute or flare	3/4*		2		1		1		1		1		1		1		1
	b) Carrier/Chronic	1		1		1		1		1		1		1		1		1

Drug Interactions

Antiretroviral therapy	a) Nucleoside reverse transcriptase inhibitors	1*		1		1		1		1		2/3*		2*		2/3*		2*
	b) Non-nucleoside reverse transcriptase inhibitors	2*		2*		1		2*		2*		2/3*		2*		2/3*		2*
	c) Ritonavir-boosted protease inhibitors	3*		3*		1		2*		2*		2/3*		2*		2/3*		2*
Anticonvulsant therapy	a) Certain anticonvulsants (phenytoin, carbamazepine, barbiturates, primidone, topiramate, oxcarbazepine)	3*		3*		1		2*		1		1		1		1		1
	b) Lamotrigine	3*		1		1		1		1		1		1		1		1
Antimicrobial therapy	a) Broad spectrum antibiotics	1		1		1		1		1		1		1		1		1
	b) Antifungals	1		1		1		1		1		1		1		1		1
	c) Antiparasitics	1		1		1		1		1		1		1		1		1
	d) Rifampicin or rifabutin therapy	3*		3*		1		2*		1		1		1		1		1

I = initiation of contraceptive method; C = continuation of contraceptive method; NA = Not applicable

* Please see the complete guidance for a clarification to this classification: www.cdc.gov/reproductivehealth/unintendedpregnancy/USMEC.htm

‡ Condition that exposes a woman to increased risk as a result of unintended pregnancy.